

This Special Snack Was Served During The

# Arctic Week

Lesson Plan at Little Angels Preschool & Daycare

## Marshmallow Snowmen Snack

The children will be given two marshmallows, three pretzel sticks and a few raisins. Each child will be encouraged to take a pretzel stick and put it into the middle of one of the marshmallows, then place the other marshmallow on top. They will then use the other two pretzels for arms and the raisins for eyes, nose and a mouth.

## Hot Cocoa

After returning from outdoor playtime, the teachers will serve hot cocoa and talk with the children about how the cold weather changes their body temperature. They will discuss how drinking warm beverages helps them warm up.

